

Heartwood Nursery News

Blooming Now...

Conoclinium coelestinum
Blue Mist Flower

Asclepias syriaca
Common Milkweed

Clethra alnifolia
Summersweet

Drifting into Autumn

Native Perennials for Late Summer Planting Means Food for Pollinators

As summer begins to wind down, planting does not need to stop. In fact, August and into fall are excellent times to plant. With warm soil temperatures, the potential for cooler air temperatures and the steady rain that this season has given, newly planted plants have an excellent opportunity to establish strong root systems before winter sets in.

Plants installed in late summer focus their energy more on root growth versus growth above the surface of the soil. This gives them a head start the following spring. By late summer, many nectar-rich plants have already finished blooming; however, pollinators are still incredibly active. Planting late blooming perennials now helps to feed native bees, butterflies and hummingbirds during a critical time period of migration and reproduction.

Later Blooming Native Perennials to Consider Planting Now:

Asclepias sp. - Milkweeds

A must-have for Monarchs and other pollinators

Aster sp. - Asters

Beautiful and hardy, flowers abundantly

Conoclinium coelestinum - Blue Mist Flower

Striking blue flowers, attracts butterflies

Eutrochium purpureum - Joe Pye Weed

Tall, butterfly magnet

Lobelia cardinalis - Red Cardinal Flower

Bright red flowers that attract hummingbirds

Lonicera sempervirens - Coral Honeysuckle

Hardy native vine that attracts hummingbirds, blooms early spring until frost

Pycnanthemum sp. - Mountain Mints

Aromatic, hardy and attracts many pollinators

Solidago sp. - Goldenrods

A late season pollinator essential



Eutrochium purpureum & *Lonicera sempervirens*

Joe Pye Weed

Coral Honeysuckle

What will grow under my Black Walnut tree?

There are many native species that will grow under Black Walnut trees (*Juglans nigra*), that are not sensitive to juglone. Juglone is a naturally occurring chemical in all parts of the Black Walnut tree, especially in the walnut hulls. In healthy soil, this substance is broken down fairly rapidly

and there are many native species that are not susceptible to adverse effects from juglone. Black Walnut trees are an important part of our ecosystem. They create habitat, are a rich food source for birds and mammals and are host to many native caterpillars. These trees are also quite hardy and can tolerate a wide range of growing conditions.

Native species that are not sensitive to juglone based on observations made at Heartwood Nursery:

American Holly (*Ilex opaca*) | Arrowood Viburnum (*Viburnum dentatum*)
Asters (*Aster sp.*) | Blackhaw Viburnum (*Viburnum prunifolium*)
Christmas Fern (*Polystichum acrostichoides*)
Coneflower (*Echinacea purpurea*) | Golden Alexander (*Zizia aurea*)
Hay Scented Fern (*Sitobolium punctilobulum*)
Mapleleaf Viburnum (*Viburnum acerifolium*)
Smooth Hydrangea (*Hydrangea arborescens*)
Spicebush (*Lindera benzoin*) | Yarrow (*Achillea millefolium*)

For optimum planting success, the soil needs to be prepared correctly when planting under Black Walnut trees. Care needs to be taken to avoid injuring the roots of the tree(s) when planting underneath. Like any tree, it is unwise to plant up against the trunk. Planting away from the trunk and out from under the canopy is preferred. We routinely suggest mulching with aged, shredded pine bark mulch around new plantings. Pine bark mulch lasts longer than other mulches, increasing the health of the soil while naturally working to encourage the development of beneficial mycorrhizal fungi.

Also consider planting the following naturally occurring companion trees that grow with Black Walnut:

Black Cherry (*Prunus serotina*) | Black Gum (*Nyssa sylvatica*)
Black Locust (*Robinia pseudoacacia*) | Chestnut Oak (*Quercus prinus*)
Red Oak (*Quercus rubra*) | Redbud (*Cercis canadensis*)
Sassafras (*Sassafras albidum*) | White Oak (*Quercus alba*)
White Pine (*Pinus strobus*)

We carry many of the species that have been mentioned above! We also sell aged, shredded pine bark mulch.

Bev's Pawpaw Patch

We love planting success stories!
Customer Bev planted these Pawpaw seedlings from Heartwood several years ago when they were about 12"-18" tall. We're excited to see that this year they are bearing fruit for the first time!

Fantastic job and photos, Bev!

Do you have a success story you would like to share to appear in our newsletter? Please send photos and description to heartwoodnurseryinc@gmail.com



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